

About Us

Our Staff



Kai Pedersen- PT

Kai has worked closely with Orthopedic surgeons, Neurosurgeons, and other professionals in the area for more than 20 years. He has a Masters in Physical Therapy (with a concentration in Orthopedics and Manual Therapy). Kai is a member of the American Association of Physical Therapy (Orthopedic and Manual Therapy Sections), the American Academy of Orthopedic Manual Therapy, and the Pennsylvania Physical Therapy Association. Kai's education includes an Associates in Zoology, Bachelors in Psychology, Masters in Gerontology, and a Masters in Physical Therapy. He has a strong interest in the area of ergonomics.

Kai believes in educating every patient about their diagnosis; from anatomy to treatment protocols. There is a constant emphasis on patient education in Physical Therapy.

Patient participation is important to Kai in order to achieve optimal results in as short as time period as possible. He is committed to providing education and treatment protocols for each procedure. Patients are given the tools needed to work on their program at home; he provides instruction through the internet.

When not in the clinic, Kai enjoys working with his wife Jean on their small farm nearby and getting away on fishing trips. His active lifestyle gained from a hip replacement.



Kathleen Rafferty- DPT, PTCertified in Rehabilitation Administration

Kathleen is co-owner of South Mountain Physical Therapy and has over 25 years of clinical experience. She started her career as an Education Teacher and Athletic Trainer after receiving her BS in Exercise and Sport Science from Penn State University. She coached Penn State baseball, fencing, and mens' gymnastics teams and has also worked with dancers and entertainers at Hershey Park. She taught HPE K-12 in her hometown school of Hershey.

Kathleen received her MPT from Hahnemann University (now Drexel University) in 1995 and has worked in various settings including health, acute rehabilitation hospitals, and acute care hospitals. For the past 20 years, she has worked in outpatient orthopedic areas. She has been with South Mountain Physical Therapy for 11 years and is a co-owner for the past 6 years.

Kathleen has recently completed her Doctorate in Physical Therapy from the University of Montana. She also has a certificate from UMT.

She has experience with a broad range of injuries and conditions, and is also trained in vestibular rehabilitation (vertigo) with people of all ages and working in an environment where the quality of patient care is the first priority and where she is supported by her peers. She enjoys connecting with patients and developing a relationship of partnership in providing care. She is a member of the PPTA.

Outside of work, she enjoys being outside whenever possible, camping, hiking, boating and kayaking with her husband, children and grandchildren. She also enjoys visiting her family from her hometown of Hershey.



Dan Borrell- PT, ATC, CSCSCertified Athletic Trainer, Certified Strength and C

Dan has worked as a Physical therapist in the Berks County area for over 18 years in outpatient orthopedic settings. Â Physical Therapy Association, PA Physical Therapy Association, and the Orthopedic Section of the APTA. Â

In addition to his physical therapy license, he has been an certified athletic trainer and worked at numerous high scho Allentown/Bethlehem and Berks County areas. Â His BS is in Health Education (Athletic Training 1989) and a MS in college in 2000.Â

Dan believes in treating patients as an individual, adjusting treatment programs based on what each individual present learnr who is always looking to gain new skills and knowledge. Â

Dan enjoys spending free time traveling places with his wife and two daughters.Â



Matt Andersen- PTA

Matt is originally from Minnesota, but he has travelled the country extensively for his 16 years as a PTA and has spent time where he has worked with Kathleen and our aide, Cindy Ulrich. He has a vast range of experiences and skills from continuing education. He enjoys working with people of all ages and problem solving to get the best result for the sessions.

He enjoys travelling, photography, and history. He has enjoyed recent trips to Hawaii and visiting many of the Civil



Sue Scherer- Office staff

Sue works part-time as an office assistant. She originally went to school for 2 years to study pediatric nursing. She has held clerical/administrative assistant positions and has worked in inside sales, support and has handled large corporate accounts with South Mountain PT after taking time off to raise her children.

Sue is married with 2 girls who are involved in several sports. The girls keep her busy with school activities, including polo. In her spare time, she enjoys decorating, watching her children play sports and spending time



Sue Scherer- Office staff

Cooper Flamm- PT Aide

Cooper has been with us since August of 2018. He is currently completing his undergraduate degree in Kinesiology at the University of Colorado and will graduate with his B.S. in Exercise Science. He plans on continuing his education and entering a Doctor of Physical Therapy program, working alongside the caring and experienced therapists here at South Mountain Physical Therapy and grasping all of the knowledge and experience they have to offer. He is hardworking and eager to learn. In his free time, he enjoys weight lifting, going on hikes, and spending time with his friends.

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